

Your Energy Psychotherapy Treatment

Energy Psychotherapy Treatment Points

The table below and the diagram beneath it show the treatment points locations, abbreviations, the meridians (energy pathways) each affects, and each meridian's possible associated emotions.

# ON DIAGRAM	ABB.	TREATMENT POINT	MERIDIAN NAME	POSTULATED ASSOCIATED EMOTION	
				NEGATIVE	POSITIVE
NLR	nlr	Heart Chest Wall	Unknown	Self-Loathing	Self-Acceptance
1	eb	Eyebrow	Bladder	Grief/Impatience	Peace
2	oe	Outer Eyebrow	Gall Bladder	Rage	Forgiveness
3	ue	Under Eye	Stomach	Phobia/Bitterness	Contentment
4	un	Under Nose	Governing Vessel	Embarrassment	Healthy pride
5	ul	Under Lip	Central Vessel	Existential shame	Healthy pride
6	uc	Under Collarbone	Kidney	Fear/Sexual indecision	Assuredness
7	ua	Under Armpit	Spleen	Anxiety	Security
8	r	Ribcage	Liver	Scorn	Humility
9	t	Thumb	Lung	Contempt	Tolerance
10	if	Index Finger	Large Intestine	Guilt	Self-worth
11	mf	Middle Finger	Circulation/sex	Regret/Jealousy	Relaxation
12	lf	Little Finger	Heart	Anger	Love
13	h	Side of Hand	Small Intestine	Sorrow	Joy
14	g	Gamut Spot	Triple Warmer	Depression	Hope

15

Thymus

